

## Bean Day



**FOR** those who have over-indulged during Christmas and new Year, Bean Day, celebrated tomorrow 06 Jan, is the perfect time to start your health kick.

Beans are a common food around the world and are great for you - they're rich in fibre and protein and are very versatile.

Bean Day is celebrated on 06 Jan to honour the work of

geneticist Gregor Mendel.

Mendel died on 06 Jan, and his experiments breeding pea plants formed the basis of modern genetics study.

To fully commit to celebrating Bean Day, try adding beans to all your meals tomorrow - baked beans with breakfast, red bean icecream as a lunch dessert and chilli con carne for dinner.

## Pub quiz

1. British fighter aircraft the Supermarine Spitfire is closely associated with what city?
2. *Titanic* was operated by what cruise line?
3. Marunouchi is Tokyo's home of which industry?
  - a) Finance
  - b) Textiles
  - c) Agriculture
  - d) Legal
4. Are the Turks Islands or Caicos Islands larger?
5. Elizabeth Quay is a development project in which Australian city?
6. What is the highest-tonnage port in Australia, receiving over 452 million tonnes of cargo a year?
7. The Hickman crater is located in which country?
8. Which two states in Australia are wild koalas not found in?
9. What is the largest town on Kangaroo Island?
10. Marramarra National Park is closest to which Australian capital city?

## Unscramble

**HOW** many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.

A	E	D
U	D	B
H	C	E

Good – 15 words  
Very good – 22 words  
Excellent – 29 words

NOTE: We've used Chambers Dictionary to decide what words are acceptable.

## Famous faces



**THERE** are three different faces that make up this picture.

They are a mixture of famous celebrities, and maybe less

famous travel names.

Can you figure out who the eyes, nose and mouth in this picture belong to?

### ANSWERS 04 JAN

Where in the world: US Bank Stadium, Minneapolis, Minnesota, USA

Pick the nation: Canada

Whose mascot is this: Screech - Washington Nationals (baseball)

7	4	6	1	2	3	5	8	9
3	8	5	7	9	6	2	4	1
1	2	9	5	4	8	7	6	3
2	9	8	4	3	5	6	1	7
4	6	7	2	1	9	8	3	5
5	1	3	8	6	7	9	2	4
9	3	1	6	5	2	4	7	8
8	5	2	3	7	4	1	9	6
6	7	4	9	8	1	3	5	2