

Wednesday 3rd Nov 2021

Wellness walkers reach 130,000km

CONGRATULATIONS to each and every participant in NCL's Walk for Wellness! This year, walkers clocked well over 130,000km, smashing the target distance of 100,000km.

"Here's to all the wellness warriors who took part in this year's challenge! To reach our target of 100,000km with nine days to spare is simply phenomenal and it's all down to your outstanding efforts," NCL's Sales

> Director AUNZ Damien Borg said. "A special shout out to our community's incredible sense of teamwork and camaraderie.

"I'm thrilled at how we've all come together to celebrate what's great about our industry, and taken the time to look after our own wellbeing." This year's challenge took walkers on a Europe and Caribbean adventure, tracing next year's maiden season of NCL's brand-new ship. Norwegian Prima, from Iceland to Miami. Along the way, participants took part in 13 minichallenges and were awarded more than 270 prizes, including Nike sneakers, Shiatsu massage pillows, luxury wellness hampers and Rebel Sport gift cards. Watch this space - major prize winners are to be announced next week, including the big one the cruise prize. Still seeking some inspiration to keep your steps up? Enjoy over 90 hand-picked tracks on NCL's dedicated Walk for Wellness Spotify playlist HERE and keep in touch for future initiatives by signing up to NCL's Partners First Rewards program.



TATIANA Apostolova, World Business Travel Sydney, stretching and whale watching with her NCL yoga mat.



KAREN Murphy, Seven Seas Travel, admiring a



ANGELA and Peter Manase celebrating the end of the challenge in NCL style.



BDM) and Ange Middleton (NCL's Senior Sales Manager) catch-up for a Hawaii-themed walk.



CRAIG McLaurin hosting a Moreton Bay coastal walk with Meg Clout (Clout Travel), as well as Brad Sward and Lolo Trendell (Trendell & Turner Travel Associates, QLD).



JULIANNE Gazal-Risk from Travel Managers on the Cremorne Point walk with her pooch Lola.



ALISON Sharp, Travel Managers NZ. taking her US-based sister on a virtual walk in the kiwi bush.





RAEWYN Going (second from left) HW Travel Whangarei taking the whole family on a stroll (including virtual NCL ship!).



KAREN Wright of Cruise Guru took up meditation during Walk for Wellness, saying "it's good for you and your mind".