



Journey Well with Oasia Resort Sentosa Singapore

Far East's Hospitality's first foray into the resort and spa category, Oasia Resort Sentosa, Singapore opens on 1st September 2021. A new idyllic destination to refresh, recharge and refuel you mind, body, and soul, the hotel's 191 suites and rooms are themed in earthy and calming tones, and equipped with yoga mat and wellness videos on-demand. Additionally, curated wellness journal with self-care checklists, and access to a collection of guided meditation audio are amongst the many items available during your stay. Be it mindfulness or fitness, the complimentary workshops will motivate you to achieve your goals.

Taking the wellness beyond your room, you may unwind at the Oasia

Spa. Being the first in Southeast Asia and Oceania to carry KOTOSHINA products, you will be spoilt for choices with the extensive list of spa treatments, Cryotherapy facial and grooming services available. To complete the experience, the Meditation Lounge uses Medklinn CerafusionTM Technology to recreate forest bathing therapy, inspired by the Japanese practice of Shinrin-yoku. Enjoy the health snacks and herbal tea while you soak in the forest essence.

Targeting the wellness conscious who seeks well-balanced lifestyle within the busy working schedule, the hotel's wellness hosts are at service for an unforgettable stay experience that will refresh,

recharge and refuel you to go further. Whether you're exploring a new travel destination or revisiting one that's familiar, you'll find just what you need to invigorate your body and mind at the new Oasia Resort Sentosa.

"THE GREATEST WEALTH IS HEALTH" - VIRGIL

Slow your pace down and calm your senses. From cleansing herbal tea to personalized scented balm and pampering treatments, wellness at Oasia Resort Sentosa is not about indulgence but self-love.